

VIRGINIA COUNCIL OF NURSE PRACTITIONERS
**35TH ANNUAL
CONFERENCE**

CELEBRATING 35 YEARS OF PROGRESS

March 18-21, 2009 • Williamsburg Lodge • Williamsburg, VA



Virginia Council of Nurse Practitioners

2209 Dickens Road • Richmond, VA 23230-2005

(804) 565-6360 • Fax (804) 282-0090 • Email: vcnp@vcnp.net

www.vcnp.net

Virginia Council of Nurse Practitioners

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Virginia Council of Nurse Practitioners

Dear Nurse Practitioner Colleagues:

On behalf of the VCNP conference program planning committee, I would like to invite you to attend our 35th Annual Conference, March 18-21, 2009 in Williamsburg, Virginia. Our program committee has planned another outstanding educational program covering a wide range of topics and issues facing healthcare today. You will have the opportunity to expand your clinical knowledge and skills through participation in our plenary sessions, clinical tracks and pre-conference workshops.

We continue to kickoff our meeting with pre-conference workshop offerings. This year, we have added a pharmacology workshop on infectious disease by Mark Johnson, PharmD, which offers 4.0 pharmacology credit hours. Our remaining four clinical workshops offer varied current clinical topics of interest. Be sure to register for one of our five pre-conference workshops! Following the workshops, there is opportunity for networking with colleagues during our opening dessert reception. You will also have an opportunity to interact with poster presenters and industry professional during the exhibit hall grand opening.

This year's keynote address will be delivered by Janet Selway, DNSc, CANP, CPNP with a discussion of the DNP and Changes in Nurse Practitioner Practice. You will also have the opportunity to learn about NP Scope of Practice and Barriers with a panel discussion by Mary Duggan, MS, RN, CCRN, ACNP-BC and Lynn Poole, MS, RN, FNP-BC, CNN. By popular request, we continue to offer our five clinical tracks including general interest, women's health, pediatrics, acute care and mental health offering a broad array of appeal to nurse practitioners practicing in varied clinical settings. We have gathered expert speakers from across the country many of whom are our nurse practitioner colleagues.

2009 marks the VCNP's 35th anniversary and a special program is planned during the Networking / Alumni Reception to celebrate this significant milestone. You are invited to attend to celebrate our organization's roots, growth and accomplishments over the years.

We hope that you will plan to attend this year's exciting conference. Browse our brochure to learn more about our program. I look forward to seeing you in Williamsburg.

Respectfully,

Cynthia Fagan, RN, MS, FNP, CDE
VCNP Conference Program Chair

Visit www.vcnp.net

Prior to arrival, download and print any session materials you would like to bring with you. Bring your laptop to take advantage of the new CD-Rom Syllabus onsite.

VIRGINIA COUNCIL OF NURSE PRACTITIONERS

35TH ANNUAL CONFERENCE

Virginia Council of Nurse Practitioners (VCNP) invites you to attend the 35th Annual Conference at the Williamsburg Lodge. As we did last year, we are offering online conference registration, a searchable CD-Rom Syllabus and online session evaluations. This year's program will feature several general sessions, concurrent specialty interest sessions, optional pre-conference workshops, breakfast sessions, lunch sessions and the exhibit hall, featuring the latest information on patient products and services. Professional networking activities include the poster sessions, the Networking Alumni Reception, social activities and the Annual Meeting with the VCNP Board, including a professional issues presentation, Understanding Your Employment Contract.

**Join us at the Williamsburg Lodge
for this exciting & informative conference!**

Networking Opportunities

Take advantage of opportunities to extend learning beyond the classroom by spending time with colleagues to exchange ideas, ask questions and share your knowledge during the continental breakfasts and breaks. Be sure to visit the exhibit hall to learn about the latest industry products. Join us all on Friday for the Networking / Alumni Reception and 35th Anniversary Celebration at 5 p.m. (watch the website: www.vcnp.net for details) and attend the Annual Meeting with the Board during the lunch session on Friday for more VCNP updates from the organization's leaders. Make sure to denote that you plan to attend the Networking / Alumni Reception on your registration form.

Continuing Education Units

Application is being made to the Virginia Nurses Association for continuing education units including pharmacology credits. The Virginia Nurses Association Continuing Education Provider Committee is accredited as Provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Participants will have a continuing education verification sheet to complete and retain as official documentation.

MAKE YOUR HOTEL RESERVATIONS NOW!

Rates for conference attendees are \$179 single/double
plus 10% tax and \$2.00 occupancy tax (subject to taxes applicable at time of stay)

**Reservations MUST BE RECEIVED BY THE WILLIAMSBURG LODGE
BY February 18, 2009, in order to receive this rate.**

How to Make Reservations: Phone (800) 261-9530

**Please request Virginia Council of Nurse Practitioners as your group name.
Reservations must be made directly with the Williamsburg Lodge, not VCNP Headquarters.
Rooms and rates are subject to availability before and after the cut-off date.**



35th Annual Conference Planning Committee

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Cynthia Fagan, RN, MS, FNP, CDE

President

Diane Walker, RN, MSN, FNP-BC

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Patrice C. Malena, MS, FNP-BC

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Stephanie Alexander, MSN, ANP

Shenandoah

Pete Hill, RN, MSN, FNP

Southwest

vacant

Tidewater

Sharon Bodtke, MS, APRN, BC

PROGRAM

Five clinical workshops are offered to provide opportunities to enhance clinical skills and/or knowledge. These workshops are 3.5 to 4 hours in duration and are structured in a didactic format; sessions may include interactive discussion, case studies and/or hands-on opportunities. Hands-on workshops will have a limited number of participants. See program description for details.

WEDNESDAY, MARCH 18, 2009

11:00am-5:00pm	Conference Registration
12:30pm-4:30pm	Pre-Conference Workshop #1 (3.500 non-pharmacology credit, 0 pharmacology credit) Clinical Procedures: Thoracentesis, Paracentesis and Central Line Placement HoChong Gilles, RN, MS, FNP / Zahra Shariff, MD <i>This workshop will provide an overview of these commonly performed medical procedures. Indications, relevant anatomy, technique, potential complications, diagnostic tests and pleural and ascitic fluid analysis will be discussed.</i>
12:30pm-4:30pm	Pre-Conference Workshop #2 (3.150 non-pharmacology credit, .350 pharmacology credit) Pediatric Emergencies: Assessment and Treatment of the Pediatric Patient Presenting with Emergent Respiratory, Neurologic, Infectious, Gastrointestinal and Cardiac Disorders John D. Rowlett, MD <i>This interactive workshop will include case studies and common scenarios of urgent and emergent pediatric disorders. Participation, discussion and treatment option problem solving will be encouraged and facilitated by Dr. Rowlett.</i>
12:30pm-4:30pm	Pre-Conference Workshop #3 (3.500 non-pharmacology credit, 0 pharmacology credit) Lesions, Rashes and Biopsies Workshop Donna Jarvis, MSN, ANP-BC / Margaret Constante, MSN, FNP-BC <i>A biopsy is a simple and safe procedure which involves removal of skin tissue for purposes of treating or diagnosing and managing dermatological conditions. In this session, attendees will learn characteristics of a variety of lesions as well as rashes, how to differentiate between them and when a biopsy should be considered. Attendees will also learn how to perform scissor, shave, punch and elliptical excisions and how to place interrupted sutures.</i>
12:30pm-4:30pm	Pre-Conference Workshop #4 (4.000 non-pharmacology credit, 0 pharmacology credit) Lifestyle Counseling in Obesity and Diabetes Joyce Pastors, RD, MS, CDE / Terry Saunders, PhD <i>This program will combine key elements of behavior change with a case study discussion and videotape segments of patient-centered lifestyle counseling sessions. A simple process for approaching lifestyle change will be introduced and demonstrated that consists of assessment, goal setting, evaluation and follow-up.</i>
12:30pm-4:30pm	Pre-Conference Workshop #5 (0 non-pharmacology credit, 4.000 pharmacology credit) Pharmacology: Antibiotics Primer Mark S. Johnson, PharmD, BCPS <i>Rational use of antibiotics is important when treating the individual patient and preventing antibiotic resistance. This session will include a review of antibiotic classes/agents, rational use, and scope/impact of antibiotic resistance. Interactive cases will help solidify concepts learned.</i>
5:00pm-7:00pm	Board of Directors Meeting and Dinner
7:00pm-9:00pm	Opening Reception / Poster Presentations / Exhibit Hall

Conference participants will have the opportunity to earn up to 22.5 credits.

THURSDAY, MARCH 19, 2009

7:30am-5:30pm	Conference Registration	
7:00am-8:00am	Visit Exhibits/Continental Breakfast	
8:00am-9:15am	General Session: Keynote Speaker DNP, NSCBN Vision Paper, and the Changes in NP Practice Janet Selway, DNSc, CRNP	(1.250 non-pharmacology credit, 0 pharmacology credit)
	<i>This session will provide an overview of the APRN Consensus Model for Future Regulation, and an update on federal legislation impacting APRN practice. The DNP history, current status and two controversial issues will be addressed.</i>	
9:15am-10:30am	General Session 2008 ADA / ACC Consensus Statement on Lipoprotein Management / What Do We Do About Low HDL-C in 2009? Gregory Pokwryka, MD, FACP	(1.250 non-pharmacology credit, 0 pharmacology credit)
	<i>The advantages and application of a lipoprotein "particle" based approach to prevention of atherosclerotic cardiovascular disease (ASCVD); as opposed to the standard "cholesterol" based approach will be discussed, in light of the new 2008 American College of Cardiology, American Diabetic Association Consensus Statement. The pathophysiology of the atherogenic dyslipidemia of insulin resistant syndromes and the important role of triglycerides in driving this dyslipidemia will be discussed. HDL function and physiology and the difference between HDL-cholesterol content and HDL function will be covered along with the pharmacologic effects of common medications on HDL and a rational strategy for treating low HDL-C disorders in 2008.</i>	
10:30am-11:00am	Visit Exhibits	
11:00am-12:15pm	General Session Immunization Update from CDC William Atkinson, MD, MPH	(.250 non-pharmacology credit, 1.000 pharmacology credit)
	<i>Immunization recommendations change frequently. This presentation will include recent vaccine recommendations for children including the current childhood vaccination schedule, use of recently licensed vaccines, and an update on vaccine safety issues.</i>	
12:45pm-2:00pm	General Session Lunch The Asthma and Allergy Connection: Unlocking the Code Karen Rance, MSN, CPNP, AE-C	(.750 non-pharmacology credit, .500 pharmacology credit)
	<i>The prevalence of asthma and allergic rhinitis is increasing, and nurse practitioners are poised to play a definitive role in improving care and outcomes. Up to 78% of those with asthma have a co-existing diagnosis of allergic rhinitis. Come and find out the latest evidence-based treatment modalities in successfully treating allergic asthma.</i>	
2:00pm-2:30pm	Visit Exhibits / Break	
2:30pm-3:45pm	Breakout Session 1 (Women's Health) Human Papillomavirus — The Silent Predator Elizabeth R. Guilfoyle, MSN, FNP, BC	(.917 non-pharmacology credit, .333 pharmacology credit)
	<i>HPV is the most common STD today. We will discuss morbidity, mortality, pathogenesis and prevalence. Case studies will be presented and discussed as well as vaccines available for the prevention of HPV in its relationship to cervical, vaginal and vulvar cancers as well as genital warts.</i>	
	Breakout Session 2 (Pediatrics) Pediatric Pharmacology Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP	(0 non-pharmacology credit, 1.250 pharmacology credit)
	<i>How does drug metabolism differ in children? What is the latest in drug therapy in pediatric primary care practice? What are the latest new uses and cautions for established medications in children? Learn the answers to these and other questions in this case-based session.</i>	
	Breakout Session 3 (Acute Care) Management of Acute and Chronic Atrial Fibrillation Clifford Pyne, MSN, ACNP-DC	(.666 non-pharmacology credit, .584 pharmacology credit)
	<i>This session will discuss current guidelines for management of acute and chronic atrial fibrillation.</i>	
	Breakout Session 4 (General) Evaluation and Management of Diabetic Peripheral Neuropathy Allen Jacobs, DPM, FCFAS, FAPWCA	(1.250 non-pharmacology credit, TBD pharmacology credit)
	<i>Review the presentation of sensory, motor, and autonomic neuropathy. Review risk factors for ulceration and amputation in the patient with diabetes. Review pharmacologic interventions for the treatment of diabetic neuropathy.</i>	

CONCURRENT BREAKOUT SESSIONS

Conference participants will have the opportunity to earn up to 22.5 credits.

THURSDAY, MARCH 19, 2009 (CONT'D.)

CONCURRENT
BREAKOUT
SESSION

4:00pm-5:15pm

Breakout Session 5 (Mental Health) (.917 non-pharmacology credit, .333 pharmacology credit)
Alzheimer's: Managing Behaviors
Beatrice Klusman, MSN, RN, PMHNP, MSW, LCSW
This session will identify problematic behaviors associated with Alzheimer's disease. Discussions will include strategies that incorporate knowledge of family dynamics, quality of life issues and medication management, as well as application in several case studies.

Breakout Session 1 (Women's Health) (.917 non-pharmacology credit, .333 pharmacology credit)
Osteoporosis and Vitamin D
Ronald D. Emkey, MD, FACP, FACR
The pathogenesis of osteoporosis leading to fractures will be discussed. The mechanism of action, dosing, therapeutic efficacy, and potential toxicity of bisphosphonates will be presented. A general discussion of Vitamin D will ensue including its evolution, mechanisms of action, effects on bone and other tissues, rationale for dosing, and potential toxicity.

Breakout Session 2 (Pediatrics) (1.083 non-pharmacology credit, .167 pharmacology credit)
Vaccination Refusal: Why Is It Happening, and How Should You Handle It?
Adele E. Young, RN, PNP-BC, PhD / Maggie H. Venzke, MSN, FNP-BC
This session will focus on the issue of vaccine refusal by describing the factors that are influencing parents' decisions not to vaccinate. The legal issues surrounding vaccine refusal and school attendance will be discussed. Strategies that can be successfully implemented within the practice to decrease or handle vaccine refusal will be demonstrated.

Breakout Session 3 (Acute Care) (.583 non-pharmacology credit, .667 pharmacology credit)
Case Studies in Lab Diagnosis: A Focus on Renal and Hepatic Problems
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP
This session will be geared for practitioners looking to improve their lab data interpretation skills. Using a case-based approach, this program is designed to help clinicians refine their expertise in ordering and analyzing the results of laboratory tests in select renal and hepatic problems.

Breakout Session 4 (General) (.917 non-pharmacology credit, .333 pharmacology credit)
Stopping the Merry Go Round: The Assessment and Management of Vertigo
Deena B. Hollingsworth, MSN, FNP-BC
During this session, we will examine the common causes of vertigo as well as medical, pharmacologic and surgical management modalities of treatment.

Breakout Session 5 (Mental Health) (.625 non-pharmacology credit, .625 pharmacology credit)
The Role of Vitamins in Neuronal Function and Mood Disorders
James Barker, MD
This session will examine the possible beneficial response using High Dose Vitamin Therapy as adjunctive treatment to increase Neuronal Function and stabilize Mood Disorders.

6:00pm-7:30pm

Optional Accredited Dinner Sessions — TBA (1.250 non-pharmacology credit, TBD pharmacology credit)

FRIDAY, MARCH 20, 2009

7:00am-5:00pm

Conference Registration

8:00am-9:00am

Continental Breakfast (General Session) (1.000 non-pharmacology credit, 0 pharmacology credit)
Leslie Herdegen-Rohrer Memorial Health Policy Lectureship: NP Scope of Practice: Barriers — Real and Imagined
Mary Duggan, MS, RN, CCRN, ACNP-BC / Lynn Poole, FNP-BC, CNN
This session will examine Nurse Practitioner scope of practice in Virginia and barriers that may impede NPs from practicing within their full scope. Current licensure and prescriptive laws and regulations that determine NP scope will be reviewed. Federal and state reimbursement barriers will be highlighted. Efforts to eliminate legal, regulatory and reimbursement barriers will be discussed. At the conclusion of the program, participants will be able to: 1) identify potential barriers to NP practice in VA; 2) differentiate among state, federal and practice issues; and 3) evaluate reimbursement issues unique to the NP's practice environment

9:00am-10:00am

General Session (.667 non-pharmacology credit, pharmacology .333)
Reducing Cardiovascular Risks
Margaret Savage, MD, MPH
This session will review the scope of the problem of CV disease and existing guidelines for CV risk stratification and treatment, including therapeutic life style changes and medical intervention; the session will also review the evidence for effectiveness of different interventions and our success rates at implementing them.

Conference participants will have the opportunity to earn up to 22.5 credits.

FRIDAY, MARCH 20, 2009 (CONT'D.)

10:00am-11:00am	Exhibit Hall
CONCURRENT BREAKOUT SESSIONS	Breakout Session 1 (Women's Health) (1.750 non-pharmacology credit, .500 pharmacology credit) Polycystic Ovary Syndrome: A Primary Care Issue Robin L. Hills, MS, WHNP-BC, CNE <i>PCOS is the most common endocrine disorder in reproductive-age women. The potential long-term metabolic sequelae make early diagnosis essential. The signs and symptoms, diagnostic criteria, and management strategies will be presented using a case-study format.</i>
	Breakout Session 2 (Pediatrics) (1.083 non-pharmacology credit, .167 pharmacology credit) A TV in Every Room — Managing the Overweight Kid Susan Bryce Cluett, CRNP, Program Director, Children's Fitness Clinic <i>A practical approach to identify and manage the overweight kids in your practice.</i>
	Breakout Session 3 (Acute Care) (1.000 non-pharmacology credit, .250 pharmacology credit) Pre-Operative Evaluation — A Collaborative Practice Model Marie Cornwall, MS, ANP <i>This session will feature models of preoperative evaluation showcasing a multidisciplinary preoperative clinic primarily managed by NP's collaboratively with Internal Medicine. A method of comprehensive preoperative assessment to identify surgical risk factors will be discussed. Opportunities will be presented for discussions of cases studies.</i>
	Breakout Session 4 (General) (1.000 non-pharmacology credit, .250 pharmacology credit) After the Coma; Maximizing Recovery of the Patient with Traumatic Brain Injury Cindy L. Zerfoss, MSN, RN, APRN-BC, Acute Care Nurse Practitioner <i>This presentation will talk about the diagnosis of TBI, impact on patient, family and society, and the importance of a team approach (family, nurses, providers, therapists) during the inpatient rehabilitation stay to maximize recovery.</i>
	Breakout Session 5 (Mental Health) (1.150 non-pharmacology credit, .100 pharmacology credit) Operational Stress Injury, It's Not Just Combat Anymore Robert C. Goodhope, MD, MBA FACP, Operation Iraqi Freedom Veteran <i>Pictorial introduction to Operation Iraqi Freedom (OIF) Combat exposure—review of history, sociology, neurobiology and clinical aspects of Operational Stress. Injury—review of prevention, treatment, and incidence of Operational Stress injuries in OIF veterans.</i>
12:30pm-1:45pm	General Membership Meeting / State of the Organization / Lunch
1:45pm-2:45pm	Signing on the Dotted Line: Understanding Your Employment Contract (1.000 non-pharmacology credit, 0 pharmacology credit) Michele Satterlund, Esq. <i>This session will offer practical advice for today's nurse practitioner who wants to better understand the employment contract process, and learn how to minimize the potential for future employment contract disputes.</i>
2:45pm-3:00pm	Break
CONCURRENT BREAKOUT SESSIONS	Breakout Session 1 (Women's Health) (1.000 non-pharmacology credit, .250 pharmacology credit) Lower Genital Tract Infections & Their Heirs and Imitators Joseph F. Borzelleca, MD, MPH
	Breakout Session 2 (Pediatrics) (.750 non-pharmacology credit, .500 pharmacology credit) Pediatric Dermatology...Pearls for the Primary Care Practitioner Lynne McElroy, CFNP <i>Bumps, blisters, & other bug a boos...What is it?...How do I treat it?...When do I refer it?</i>
	Breakout Session 3 (Acute Care) (.833 non-pharmacology credit, .417 pharmacology credit) Diabetes Management in the Peri-Operative Period Kathleen Anderson, RN, ACNP, ADM-BC <i>This session will include an overview of diabetes mellitus types and pathogenesis. A special emphasis will be on the medications used to manage diabetes and their use in the hospital setting. The unique perioperative considerations will be reviewed and how to address them to ensure positive outcomes in the diabetic patient.</i>

Conference participants will have the opportunity to earn up to 22.5 credits.

FRIDAY, MARCH 20, 2009 (CONT'D.)

CONCURRENT
BREAKOUT
SESSIONS

Breakout Session 4 (General) (1.167 non-pharmacology credit, .083 pharmacology credit)

Diabetic Foot: Focus on Prevention

Margarita F. Simón, MS, FNP, BC, CWCN, DAPWCA

Diabetes has reached epidemic proportions in the United States and with that so has diabetic foot complications and amputations. This session will address the important role of the nurse practitioner, and patient in the prevention of diabetic foot complications through vigilant care.

Breakout Session 5 (Mental Health)

(.833 non-pharmacology credit, .417 pharmacology credit)

Demystifying Bipolar Disorder

Michael E. Judd, MD

This session is designed to help providers identify and treat bipolar illness. Risk factors, testing measures and new treatment options will be discussed.

5:00pm-7:00pm

Networking Reception / Alumni Reception / 35th Anniversary Celebration

Please plan to attend our annual Networking / Alumni Reception to celebrate the VCNP 35th Anniversary. A special program is planned to acknowledge our organization's roots, growth and accomplishments by highlighting milestones and recognizing our peers that have notably contributed to the advancement of the nurse practitioner role and position. Don't miss this informative opportunity to reflect on our organization's past, present and bright future for our outstanding profession.

7:30pm-9:00pm

Optional Accredited Dinner Sessions — TBA

(1.250 non-pharmacology credit, TBD pharmacology credit)

SATURDAY, MARCH 21, 2009

7:00am-8:00am

Conference Registration

7:30am

Continental Breakfast

8:00am-9:15am

General Session

(.750 non-pharmacology credit, .500 pharmacology credit)

Viral Hepatitis: ABC's

HoChong Gilles, RN, MS, FNP

This session will provide an overview of the etiology and epidemiology of viral hepatitis A, B and C and review existing treatment in Hepatitis B (including resistance) and emerging changes in Hepatitis C management.

9:30am-10:30am

General Session

(0 non-pharmacology credit, 1.000 pharmacology credit)

Peri-Procedural Management of Antithrombotic Therapy

William Rock, PharmD, CACP

This is a lecture/discussion session designed to equip the participant with the knowledge required to incorporate the latest evidenced-based ACCP guidelines into everyday practice situations requiring interruption of warfarin therapy.

10:30am-11:30am

General Session

(1.000 non-pharmacology credit, 0 pharmacology credit)

Caring for Virginia's Uninsured: The Free Clinic

Deborah Wilson, ANP / Carol-Jo Osinski, FNP

How are the medically uninsured cared for in your community? This program will reveal the plight of the medically uninsured and the solution to the problem through the efforts of Free Clinics in Virginia. The program also explores the obstacles to care and the rewards in serving our patients. New modalities of care, such as group medical appointments, are presented in the program.

ECO-FRIENDLY CONFERENCE DETAILS!

The syllabus for this conference will be provided as a searchable CD-Rom in order to save paper and make for a less bulky registration pack. The meeting outlines will be available for you to print prior to the conference, if paper copies are desired. We encourage you to bring your laptop to the sessions in order to access the learning materials, as needed during the conference, without the need for paper copies. Look for **Laptop Lane** in your session rooms, complete with power outlets for your laptop. In addition, conference registration and session evaluations will be available online at www.vcn.net to save you time and effort.

VCNP 35TH ANNUAL CONFERENCE REGISTRATION

ONLINE REGISTRATION IS AVAILABLE AT www.VCNP.net

Incomplete forms will be returned. Fax the front and back page of this COMPLETED form to (804) 282-0090.

(PLEASE PRINT)

Name: _____

Mailing Address: _____

City/State/Zip: _____

Telephone: _____ Fax: _____

Email: (MOST IMPORTANT) _____ Membership #: _____

Registration and Refund Policy

STUDENTS — Those registering as STUDENTS must include a copy of a student ID or class schedule to verify full time status.

REFUNDS/SUBSTITUTIONS — Refund requests must be submitted in writing and received by 2/18/09. A \$25 administrative fee will be deducted from such requests. No refunds will be made after 2/18/09. Refunds will be determined by date written cancellation is received. Registration fee includes coffee breaks, continental breakfast and planned lunches.

Please mark all choices carefully (Circle appropriate amounts, check appropriate boxes and fill in blanks) and be sure to total choices at the far right hand column and bottom of form.

CONFERENCE REGISTRATION — YOU MAY PREFER TO REGISTER ONLINE AT WWW.VCNP.NET

	Dates	Mbr. Early By 2/4/09	Mbr. Late After 2/4/09	Non-Mbr. Early By 2/4/09	Non-Mbr. Late After 2/4/09	Student Early By 2/4/09	Student Late After 2/4/09	
<input type="checkbox"/> Entire Conference Fee	3/18 – 3/21	\$350	\$400	\$450	\$500	\$200	\$225	= \$ _____
<input type="checkbox"/> One Day Fee	<input type="checkbox"/> 3/19 <input type="checkbox"/> 3/20	\$210	\$250	\$250	\$310	\$100	\$100	= \$ _____
<i>One day registration is good for one day only. Please indicate which day you are requesting.</i>								
<input type="checkbox"/> Opening Dessert Reception with Exhibitors – Wednesday, March 18								= \$ <u>N/C</u>
<input type="checkbox"/> Continental Breakfast with Exhibitors – Thursday, March 19								= \$ <u>N/C</u>
<input type="checkbox"/> Continental Breakfast with Speaker – Friday, March 20								= \$ <u>N/C</u>
<input type="checkbox"/> Networking Reception – Friday, March 20								= \$ <u>20.00</u>
<input type="checkbox"/> Continental Breakfast – Saturday, March 21								= \$ <u>N/C</u>

Do you require Vegetarian Meals?
 Kosher Meals?
Are you a first time attendee?
 Yes No

Registration Total = \$ _____

PRE-CONFERENCE WORKSHOP REGISTRATION

Complete the reverse side of this form and enter your **Wednesday, March 18 Workshop Total** to the right. ►

Workshop Total = \$ _____

TOTAL DUE = \$ _____

How did you hear about the Annual Conference? Poster Website Postcard Other _____

METHOD OF PAYMENT

Make checks (US currency) payable to: Virginia Council of Nurse Practitioners

Credit Card Payment: VISA MasterCard

Card #: _____ Exp Date: _____

Name on Card: _____ Signature: _____

If you do not receive a confirmation letter from the VCNP office within 30 days of submitting your registration form, please call the office to confirm that your registration material has been received.

Virginia Council of Nurse Practitioners

2209 Dickens Road, Richmond, VA 23230-2005
Ph: (804) 565-6360 • Fax (804) 282-0090 • vcnp@vcnp.net

Deposit Check Rec'd NP _____
Date: _____ Check # _____

SESSION REGISTRATION

Sessions are available on a first come, first served basis. Please indicate your selections as a first, second and third choice to the left of each title. If all of your choices are sold out, you will receive an e-mail notification from the VCNP office presenting you with other options. Please enter the total amount due (where applicable) for your selections on the other side of this page. There will be a \$15 late fee after February 4, 2009.

- SPACE IS LIMITED -

WEDNESDAY – MARCH 18, 2009

Please indicate your first, second and third choices below.

12:30 pm - 4:30 pm Pre-conference Workshops (includes 30 minute break)

CHOICE	WORKSHOP & FEE	BEFORE OR ON 2/4/09	AFTER 2/4/09	AMOUNT
<input type="checkbox"/>	<i>Clinical Procedures: Thoracentesis, Paracentesis and Central Line Placement</i>	\$85.....	\$100	_____
<input type="checkbox"/>	<i>Pediatric Emergencies: Assessment and Treatment of the Pediatric Patient Presenting with Emergent Respiratory, Neurologic, Infectious, Gastrointestinal and Cardiac Disorders</i>	\$85.....	\$100	_____
<input type="checkbox"/>	<i>Lesions, Rashes and Biopsies Workshop</i> Limited Space—Current Members have Preference	\$105.....	\$120	SOLD OUT
	<i>(Additional \$20 supply fee included.)</i>			
<input type="checkbox"/>	<i>Lifestyle Counseling in Obesity and Diabetes</i>	\$85.....	\$100	_____
<input type="checkbox"/>	<i>Pharmacology: Antibiotic Primer</i>	\$85.....	\$100	SOLD OUT

PLEASE ENTER YOUR PRE-CONFERENCE WORKSHOP TOTAL ON THE FRONT OF THIS FORM TOTAL DUE \$ _____

THURSDAY – MARCH 19, 2009

2:30 pm - 3:45 pm Breakout Sessions (Please indicate your first, second and third choices below.)

- Human Papillomavirus – The Silent Predator*
- Pediatric Pharmacology*
- Management of Acute and Chronic Atrial Fibrillation*
- Evaluation and Management of Diabetic Peripheral Neuropathy*
- Alzheimer's: Managing Behaviors*

4:00 pm - 5:15 pm Breakout Sessions (Please indicate your first, second and third choices below.)

- Osteoporosis and Vitamin D*
- Vaccination Refusal: Why Is It Happening, and How Should You Handle It?*
- SOLD OUT** *Case Studies in Lab Diagnosis: A Focus on Renal and Hepatic Problems*
- Stopping the Merry Go Round: Assessment and Management of Vertigo*
- The Role of Vitamins in Neuronal Function and Mood Disorders (Treatment Resistant Depression)*

FRIDAY – MARCH 20, 2009

11:00 am - 12:15 pm Breakout Sessions (Please indicate your first, second and third choices below.)

- SOLD OUT** *Polycystic Ovary Syndrome: A Primary Care Issue*
- A TV in Every Room – Managing the Overweight Kid*
- SOLD OUT** *Pre-Operative Evaluation – A Collaborative Practice Model*
- After the Coma; Maximizing Recovery of the Patient with Traumatic Brain Injury*
- Operational Stress Injury, It's Not Just Combat Anymore*

3:00 pm - 4:15 pm Breakout Sessions (Please indicate your first, second and third choices below.)

- Lower Genital Tract Infections & Their Heirs and Imitators*
- SOLD OUT** *Pediatric Dermatology...Pearls for the Primary Care Practitioner*
- Diabetes Management in the Peri-Operative Period*
- Diabetic Foot: Focus on Prevention*
- Demystifying Bipolar Disorder*

Your Name (please print) _____ Email _____

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Needs Assessment/Objectives

The Virginia Council of Nurse Practitioners (VCNP) is a non-profit 501(c)6 organization with over 1,400 members. The organizational mission is to facilitate the advancement of the nurse practitioner (NP) profession, enhance continuing professional development through local meetings and the state conference. VCNP leadership promotes political advocacy to influence state and national health policy. The objectives of the VCNP Annual Conference are to provide an educational curriculum and enhance the knowledge and skills of NP's in varied practice roles. The conference also offers collegial networking opportunities, emerging trends in practice management and highlights political issues affecting NP roles and practice. VCNP is committed to providing education for NP's. Educational needs are identified through surveys, practice pattern analysis, previous continuing education (CE) activity evaluations, current practice issues and emerging technology. The conference curriculum is developed by the conference planning committee comprised of 11 NP representatives from the regions, the VCNP president-elect and the conference chair. It is anticipated that over 400 NP's will be in attendance at the 35th Annual Conference held at the Williamsburg Lodge, March 18-21, 2009. Application is being made to the Virginia Nurses Association for continuing education units including pharmacology credits. The Virginia Nurses Association Continuing Education Provider Committee is accredited as Provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Participants will have a continuing education verification sheet to complete and retain as official documentation. Conference participants will have the opportunity to earn up to **22.5 credits** based on the Preconference Workshops. Accessing educational grant monies and industry support is critical to the organization's ability to continue to offer a superior and affordable educational program for NP's throughout the state of Virginia. Educational grant monies help make possible a quality educational program enhancing NP knowledge and skills, which promote improved patient care and health outcomes.

COMMENTS FROM LAST YEAR'S VCNP ANNUAL CONFERENCE

"Conference center was excellent. Laptop Lane was great. Very well-rounded program. This was the BEST VCNP conference ever!"

...

"Great variety of topics! Something for everyone. Outstanding speakers. I liked that they were local and mostly NPs."

...

"I loved the relevance of all the presentations to everyday practice issues. There was also a good deal of specialty practice information on women's health topics, psychiatry, cardiology, etc., that are particularly useful to the generalist practitioner."

...

"This was my first meeting, and I am really impressed with the organization and caliber of presenters!"